

IT'S TIME TO GET PHYSICAL



School & Sports Physicals



GET READY FOR A SEASON OF HEALTHY COMPETITION.

If your teen needs a physical exam for school or sports, we can help you ensure they are in good shape and ready for some healthy fun. Making sure you are healthy before participating in physical competition is the first step to victory, no matter your sport.

REGULAR PRICE \$65

\$30 THIS PROMOTION SPORTS PHYSICAL

AFC Urgent Care is proud to support Wiseburn Da Vinci School students by reducing the cost of Sports Physicals between August 5th - August 19th.

Receive an **additional \$5 off** when you book your appointment on-line*

\$45 SUMMER SPECIAL

Unable to book during the promotion?
No worries!

Book your appointment between **June 15th and August 15th** for your Summer Special!

*\$5 off is during the promotional dates ONLY



Book your appointment today for your **\$25 SPORTS PHYSICAL**



Patient Services

- Sports Physicals
 - X-rays
 - Clinical Lab Testing
 - STD Testing
 - Routine Check-ups
 - Flu Shots
- and more...

Medi-Cal, MediCare and most private insurances.

AFC TORRANCE

310.868.8100 | afcurgentcare.com/torrance
Hours: M-F: 8am-8pm, S-S 8am-8pm



american family care[®]
The Right Care. Right Now.

WISEBURN DA VINCI HIGH SCHOOL PHYSICAL SCREENING FORM

SPORT: _____ SCHOOL WISEBURN DA VINCI DATE: _____

PRINT: Last Name First Name M.I. Grade Age Date of Birth

Address _____ City _____ Zip Code _____

HEALTH HISTORY (To be completed by student or parent):

Check and give as much information as possible **Y = yes, N = no**

Heart Trouble High Blood Pressure Asthma Diabetes
 Kidney Problems Head Trauma Seizures Other (List below)

History of any previous injuries, fractures, serious illnesses or operations (Give year of problem)

Current medications Allergies Last Tetanus Immunization

Signature of Parent or Guardian: _____

PHYSICAL EXAMINATION (To be completed by physician):

Height: _____ Weight: _____ Temp: _____ Blood Pressure: _____ Pulse: _____ Respirations: _____

Visual Acuity: O.D. ___/___ O.S. ___/___ () Corrected () Uncorrected L.M.P. _____

() Chest Pain () Extreme S.O.B. () Dizziness () Fatigue () Palpitations () Sudden Death of Family Member

	NORMAL	10. MUSCULOSKELETAL, ROM, STRENGTH	
1. EYES		NECK	
2. EARS, NOSE, THROAT		SPINE	
3. MOUTH AND TEETH		SHOULDERS	
4. NECK		ARMS/HANDS	
5. CARDIOVASCULAR		HIPS	
6. CHEST AND LUNGS		THIGHS	
7. ABDOMEN		KNEES	
8. SKIN		ANKLES	
9. GENITALIA-HERNIA(MALE)		FEET	
		11. NEUROMUSCULAR	

ABNORMAL FINDING: _____

RECOMMEND: () Full Activity, No Restrictions Recommend: () Vision Evaluation () Tetanus Booster
 () Accept, Restrictions: () No contact sports () Other: _____
 () Not Participate

EXAMINING PHYSICIAN: _____ License#: _____ Date: _____

Address: _____ **Doctor's Stamp here:**

Phone #: _____